

Report of Activities at AIIMS during the 12 month IPNA fellowship

I joined All India Institute of Medical Sciences, New Delhi as a fellow of International Paediatric Nephrology Association on 7 Jan 2016 and have completed my training on 15th February 2017.

During my stay at AIIMS, I had the opportunity to learn about and see a vast spectrum of cases, covering almost all aspects of Paediatric Nephrology. It was a hands on training experience, where I performed more than 50 renal biopsies and created access for both Haemodialysis and Peritoneal dialysis by inserting various types of catheters in more than 30 patients over last 1 year.

I was given the opportunity to work in the Haemodialysis unit for a major part of my training where I learnt various aspects of Haemodialysis and Plasma Exchange from their extremely experienced dialysis nurses. It provided me an opportunity to perform Continuous Renal Replacement Therapy on sick children admitted in the PICU numerous times. We also performed SLEDD or Peritoneal Dialysis in sick ventilated children as per Indication. While performing so many different procedures, I also had experience in facing and handling various procedure related complications, which I think would be of real benefit in the future.

It was indeed a privilege to have trained here as Haemodialysis services for children, in our country are scarce outside the bigger cities. It has also helped me participate in the care of patients with end stage renal failure who were due to undergo transplant and their post-transplant follow up.

There is a large clinical load which helped me see almost every aspect and almost every variety of kidney disorders be it nephrotic syndrome, Atypical Haemolytic Uremic Syndrome , Tubular disorders, congenital malformations, reflux nephropathy, Glomerulonephritis etc. to name a few....

AIIMS is the apex teaching institute of our country and Dr.(Prof.) Arvind Bagga, a great teacher. He has not only made a personal effort to make this training fruitful, but also helped us grow as individuals academically. We were made to do presentations regularly on a given topic which not only contributed to our understanding of the subject but also taught us how best a presentation should be made!!

This rigorous training and voluminous work has not only given me experience but also made me confident enough to manage things single handedly. I am sure this training will benefit me in the future, in the manner it has benefitted other fellows in past.

I would take this opportunity to thank IPNA, Dr.(Prof.) Arvind Bagga, other faculty at AIIMS giving this opportunity to me.

Thanking You

Dr Aliza Mittal
Fellow International Pediatric Nephrology Association
At AIIMS, New Delhi